

Integrative Breath Workshop

THURSDAY MAY 10
6-9PM

WITH DALE JOYAL AND
NICOLE NEUFELD

DEEP BREATH JOURNEY
WITH A FACILITATED **2**
HOUR BREATH SESSION

INVESTMENT
\$50

Small group of five participants



LOCATION AVAILABLE UPON REGISTRATION

Red Deer **Contact to Preregister** 604.314.9096 or dalekjoyal@me.com

**Previous Experience of at
least one Breath session
Required...**

